



Clearing It Up: My 5 Fave Cleansers + Scrubs for Blemish-Prone Skin

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Got blemish-prone skin? I do, too. Happily, though, these five face washes and scrubs are ready to help you fight those breakouts!



4. Replere Deep Clean & Clarify face wash (\$38, replere.com).

This is one of the few foaming face washes I've used that leaves my skin feeling as soft as a scrub does—but without the irritation those scrubs can sometimes cause. New research has

shown that inflammation triggers acne, as well as that people suffering from acne consume antioxidants at a faster rate than others do; as such, the idea behind Replere is to treat the inflammation by supplying a super powered dose of antioxidants to the skin. The Deep Clean & Clarify face wash uses the extract drawn from the berry of the coffee plant, green tea, and vitamins A and E to help restore antioxidant levels, as well as exfoliating pore-clogging dead skin cells.

You can use the cleanser on its own, or if you reeeeeeeally want to pamper your blemish-prone skin, you can spring for Replere's acne solutions kit (\$107, replere.com). It's a splurge, but if you've got the funds, it's totally worth it. In addition to the cleanser, it includes Replere's Pore Minimize & Mattify skin tonic with coffea Arabica extract, green tea, grapeseed, and rosemary, as well as 14 of their Restore & Fortify beauty shooters full of beautifying ingredients like goji berries, blueberries, and pomegranate—so you can boost your antioxidant supply inside and out.