

## Celebrate National Coffee Day 2015 With The Beauty & Skin Care Benefits of Caffeine

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Happy National Coffee Day! Today across the country, we will all be paying homage to the most beloved beverage of the morning. No matter how you take your own personal cup, caffeine is king! And not just in the kitchen either. Caffeine is a great skin care pick me up! Rich in antioxidants, you can find this perky ingredient in many beauty treatments to help reduce inflammation, promote even tone, exfoliate and tighten the skin. Check out a few personal coffee-infused picks you can try that let java do the job!

For Body. If you're a sucker for the strong, dark, stimulating type, take a shot of this coffee infusion filled mask to the face and body to wake your skin up. This

For Lips. The Pure Lip Color collection by Isaac Mizrahi protects and hydrates while stimulating lips with natural coffee extract. How cool is that? Try a new shade on for size at \$24, each.

For Hair. Created by top New York City Hair Restoration Doctor, Dr. Robert Dorin, this new therapeutic caffeine spray by Scientific Essentials is sulfate-free and works to restore hair health and promote growth. With caffeine and essential proteins, this spray helps restore the exact lipid layer that is stripped due to styling hair with heat, environmental stressors, and more (\$50).

For Face. The soothing, alcohol-free, and antioxidant-rich toner by Replere unclogs pores and evens out skin tone. Glycolic, Salicylic and Azelaic acids work with Coffea arabica extract, Green Tea and other natural antioxidants to exfoliate, soothe inflammation, diminish brown spots, pore size, and reduce shine (\$42).



Happy Java Day!

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