

GREENWICH POST

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"Winning isn't everything, but it beats anything that comes in second." — Paul 'Bear' Bryant

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\$1

Big Blue!



\$367.7 million

Pool, GEMS included in budget

By Ken Borsuk
Staff Reporter

As expected the town's proposed \$367.7 million municipal budget contained no surprises, but it did have good news for advocates of several capital projects on the horizon.

In the official 2012-13 municipal budget unveiled Monday night by First Selectman Peter Tesei, funding was included to continue preliminary work on both a new headquarters for Greenwich Emergency Medical Services (GEMS) in the Northwest part of town and renovating the town's community pool in Byram. Both projects received money to continue architecture and engineering work but will not yet begin construction for years as the town continues its spending commitment for the music instruc-

Dermatologist talks about new book

Antioxidants are the key to slowing the anti-aging process, according to Greenwich resident and leading dermatologist Dr. Debbie Palmer, whose new book *The Dermatologists' Prescription for A New You!* hit the bookshelves just before the holidays.

Dr. Palmer will be in town for a book signing at Diane's bookstore in on Saturday, Feb. 25, from 2 to 4.

Written with fellow dermatologist Dr. Jennifer Kitchin, Dr. Palmer offers a common sense, lifestyle approach to combating the anti-aging process in the book.

Expert advice is given in plain terms, with quick tips and helpful hints on how to assess skin type, how to choose the right skin care products, how to use sunscreen properly and what foods to eat to help skin stay healthy looking over a lifetime.

Information: Replere.com.