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# Summer *Beauty Guide*

When the temperature rises, your hair, skin and makeup start to misbehave. These pro tips and products will keep you gorgeous all season long.

PHOTOGRAPHED BY KEITH LATHROP

## SHIELD YOUR SKIN

Always apply face and body moisturizers before your sunscreen so you don't dilute the SPF.

### Fake a Flawless "Tan"

Streaks are usually caused by skimping on the self-tanner. Always smooth on two pumps per body part so the tanner can glide effortlessly over your skin. Don't worry about using too much—your skin can only absorb a finite amount. If you do wind up with a stripe, use a waterproof body makeup like Sally Hansen Airbrush Legs (\$13.99; at Target stores) to blend and camouflage.



### Stop Smudges

When it's hot out, mascara can smudge, especially while you're applying it. Hello, raccoon eyes! To keep mascara on lashes (and off lids), use the Tweezerman No Mess Mascara Guard (\$10; tweezerman.com) when applying. Hold it behind your lashes as you swipe.



### Prevent Breakouts

Sunscreens made with oxybenzone and avobenzone sink in and can irritate sensitive and acne-prone skin. Choose formulas with physical blocking ingredients such as zinc oxide or titanium dioxide that sit on top of your skin like a shield. One to try: Eau Thermale Avène Mineral Ultra-Light Hydrating Sunscreen Lotion SPF 50+ (\$28; drugstore.com).



### Keep Hair Healthy

Taking a dip in a pool or ocean can wreak havoc on your hair—salt and chlorine will fade color fast and dry out your strands. Before diving in, mix 1 part conditioner with 3 parts water in a spray bottle and coat your hair. This fills the hair cuticle with hydrating ingredients so it won't absorb the damaging chlorine and salt. Try Dove Youthful Vitality Conditioner (\$5.99; at drugstores).



### Lighten Up

Skin produces more oil in the warmer months, which can turn a creamy foundation cakey. Switch to a BB or CC cream like Garnier BB Cream Miracle Skin Perfector (\$12.99; at drugstores) for the season. It delivers the hydration that aging skin requires and provides all-over coverage for an even complexion without a heavy feel.

SOURCES: Sophie Evans, St. Tropez tanning expert; Brett Freedman, celebrity makeup artist; Debbie Palmer, MD, dermatologist, Harrison, NJ; Rebecca Restrepo, Elizabeth Arden global makeup artist; Marie Ruzic, owner; Salon Marie Ruzic, Boston

